

SOCIAL HUB



**FRIDAYS
10AM-2PM**



**GC
Therapy Hub**



Term Program

for autistic youth
Fridays 10am-2pm,

CASEY HALL
50 Fairway Drive
Clear Island Waters

Private & NDIS funding
Core/Capacity building
accepted.

Join our weekly social group facilitated by Social Worker, and trained support workers. This is a safe and inclusive space where you can build friendships and practice your social skills. Our sessions are specifically designed to be fun and engaging for autistic individuals, providing a supportive environment for personal growth and social interaction. Come and join us for a fulfilling experience focused on connection and skill development.

life skills for autistic
youth and teens

REGISTER NOW

hello@gctherapyhub.com.au
www.gctherapyhub.com.au
07 5564 1460 / 0431 584 093

I ♥
ndis

SOCIAL HUB



Social Hub is a dynamic and engaging weekly program designed to provide participants with a platform to enhance their social skills in a fun and supportive environment. With a variety of stations catering to different interests, children can explore and enjoy various activities while interacting with their peers. The presence of our Social worker, and trained support workers ensures that play is guided towards promoting appropriate behaviour and fostering friendships. Through activities that emphasize good manners in different settings, such as using inside voices, displaying proper table etiquette, and demonstrating park etiquette, participants are encouraged to develop social awareness and cultivate positive relationships with others.

The first hour -10am -11am

- PT Session with our qualified Personal Trainer, to help you get moving.
- Indoor fitness games to help with gross motor skills, and coordination.
- Team building exercise, communication/social skills, and problem solving .
- Exercising will help you sleep at night, and improves mental health.

Next -11am -12pm

- Cooking / eating: you can have a turn at cooking simple and assembly type meals,
- Help's to build your independence, explore new foods, learn new life skills.
- Mini pizza, toasties, healthy wraps, spaghetti, chicken teriyaki and so much more.

Then: 12pm-1pm

Arts lessons, learn the techniques of drawing, painting, jewellery making, pottery, plus much more with a local artist. unlocking your creativity.

Finally 1pm-2pm. you chose from

- Drones, learn to fly our Tello stunt drones and DJI Mini's, while learning drone Safety,
- Board Games: Pokémon, Giant checkers, Giant connect 4, Giant Jenga, Giant Tic-tac-toe, Chess, etc..
- Multiplayer Nintendo Switch games including- Sports, Mario Cart, and Smash Bros. This activity is used to reinforce appropriate gaming behaviour, promote online safety, and encourage good sportsmanship between players. (30min limit)

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SOCIAL HUB



FRIDAYS
4.30PM-6.30PM



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Term Program
for autistic youth

Fridays 4.30-6.30 pm,



CASEY HALL
50 Fairway Drive
Clear Island Waters



Private & NDIS funding
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accepted.

AGES 8-14

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SOCIAL HUB

The logo for GC Therapy Hub is a circular emblem with a white background and a black border. Inside the circle, there is a stylized infinity symbol or wave shape in green and blue. Below the symbol, the text "GC Therapy Hub" is written in a bold, black, sans-serif font.

GC
Therapy Hub

Social Hub is a dynamic and engaging weekly program designed to provide participants with a platform to enhance their social skills in a fun and supportive environment. With a variety of stations catering to different interests, children can explore and enjoy various activities while interacting with their peers. The presence of our Social worker, and trained support workers ensures that play is guided towards promoting appropriate behaviour and fostering friendships. Through activities that emphasize good manners in different settings, such as using inside voices, displaying proper table etiquette, and demonstrating park etiquette, participants are encouraged to develop social awareness and cultivate positive relationships with others.

The first hour - 4.30pm-5.30pm

- **Outdoor play:** tag, bullrush, soccer, handball, Park cricket, plus much more.
- **Drones,** learn to fly our Tello stunt drones and DJI Mini's, while learning drone Safety,
- **Arts and Craft:** drawing, painting, chalk drawing, jewellery making, plus much more.
- **Board Games:** Pokémon, Giant checkers, Giant connect 4, Giant Jenga, Giant Tic-tac-toe, Chess, etc..

Next 5.30pm-6pm

- **Cooking / eating:** learn to cook simple and assembly type meals,
- Help's to build your independence, explore new foods, learn new life skills.
- mini pizza, toasties, healthy wraps, spaghetti, chicken teriyaki and so much more.

Finally (6pm - 6.30pm)

- multiplayer Nintendo Switch games including- Sports, Mario Cart, and Smash Bros.
- This activity is used to reinforce appropriate gaming behaviour, promote online safety, and encourage good sportsmanship between players.
- Time is limited to 30mins at the end of the session and is completely monitored and supported by our Support Workers.

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The logo for "I love ndis" features a purple circle with a white heart shape inside. The heart contains a green outline of a person. To the right of the heart, the text "I love ndis" is written in a white, sans-serif font.

I
love
ndis