



Term Program

for autistic youth Fridays 10am-2pm,



CASEY HALL 50 Fairway Drive Clear Island Waters



Private & NDIS funding Core/Capacity building accepted.



Social Worker, and trained support workers. This is a safe and inclusive space where you can build friendships and practice your social skills. Our sessions are specifically designed to be fun and engaging for autistic individuals, providing a supportive environment for personal growth and social interaction. Come and join us for a fulfilling experience focused on connection and skill development.

life skills for autistic youth and teens

**REGISTER NOW** 

hello@gctherapyhub.com.au www.gctherapyhub.com.au 07 5564 1460 / 0431 584 093







Social Hub is a dynamic and engaging weekly program designed to provide participants with a platform to enhance their social skills in a fun and supportive environment. With a variety of stations catering to different interests, children can explore and enjoy various activities while interacting with their peers. The presence of our Social worker, and trained support workers ensures that play is guided towards promoting appropriate behaviour and fostering friendships. Through activities that emphasize good manners in different settings, such as using inside voices, displaying proper table etiquette, and demonstrating park etiquette, participants are encouraged to develop social awareness and cultivate positive relationships with others.

#### The first hour -10am -11am

- PT Session with our qualified Personal Trainer, to help you get moving.
- Indoor fitness games to help with gross motor skills, and coordination.
- Team building exercise, communication/social skills, and problem solving .
- Exercising will help you sleep at night, and improves mental health.

#### Next -11am -12pm

- Cooking / eating: you can have a turn at cooking simple and assembly type meals,
- Help's to build your independence, explore new foods, learn new life skills.
- Mini pizza, toasties, healthy wraps, spaghetti, chicken teriyaki and so much more.

## Then: 12pm-1pm

Arts lessons, learn the techniques of drawing, painting, jewellery making, pottery, plus much more with a local artist. unlocking your creativity.

### Finally 1pm-2pm. you chose from

- Drones, learn to fly our Tello stunt drones and DJI Mini's, while learning drone Safety,
- Board Games: Pokémon, Giant checkers, Giant connect 4, Giant Jenga, Giant Tic-tac-toe, Chess, etc..
- Multiplayer Nintendo Switch games including- Sports, Mario Cart, and Smash Bros. This activity is used to reinforce appropriate gaming behaviour, promote online safety, and encourage good sportsmanship between players. (30min limit)



www.gctherapyhub.com.au 07 5564 1460 / 0431 584 093



Homeschool Teens Socials

Community Access Social Skills Groups for Autistic individuals

Wednesday 10am-2pm year 7-10.

Term Program

Social groups for autistic teens



**O** 07 5564 1460

www.gctherapyhub.com.au

Meeting point -1 Fairway Drive, Clear Island Waters





# Homeschool Teens Socials

GC Therapy Hub Social groups offers a refreshing and innovative approach to social skill development for autistic teens, meticulously designed to merge fun with functional learning. At the heart of this initiative is a commitment to empowerment, with activities tailored to foster independence, confidence, and a stronger sense of community among participants. Guided by a dedicated Social Worker and a trained support worker, the program prioritises the interests and needs of its attendees, allowing them to lead the way in choosing activities that resonate with them. From movie nights and bowling to beach picnics and local market visits, each outing is more than just a leisure activity; it's a step toward mastering the art of social interaction in a supportive and understanding environment. By facilitating a space where teens can learn, grow, and enjoy, Teen GC Social is setting a new standard for disability support programs, where the joy of discovery goes hand in hand with personal development.



**Q** 07 5564 1460



hello@gctherapyhub.com.au

