

Contact us: GC Therapy Hub hello@gctherapyhub.com.au



## GC SOCIALS NO SOCIALS

THURSDAY'S 8 WEEK PROGRAM 5pm - 8pm MAKE NEW FRIENDS AUTISTIC FRIENDLY EVENTS

WEEKLY
OUTINGS
FOR 17-25 YEAR
OLDS







## GC SOCIALS

GC Social Nights is a vibrant and engaging weekly program tailored for young adults, designed to enhance their social skills and foster a sense of community inclusion. Led by a dedicated Social Worker and trained Support worker, the program aims to empower participants with disabilities to navigate social interactions confidently and independently. Through a variety of exciting activities such as movie nights, bowling, mini-golf, escape rooms, market visits, beach picnics, and more, attendees not only have a blast but also unknowingly acquire valuable new skills. The program encourages active participation, with attendees collaboratively deciding on the next adventure, fostering a sense of ownership and teamwork among the group.

